



# Pollinator Pathway Cape Cod

## New England Native Plants for Pollinators

Pollinators need continuous bloom. This list is broken down by spring (April – June); summer (July – August); and fall (September – November). Bloom time can vary depending on your Cape Zone 6- 7a and the microclimate of your garden.

### Perennials – Herbaceous Spring Blooming

*Aquilegia canadensis*

*Baptisia australis*\*

*Caltha palustris*

*Coreopsis lanceolata*\*

*Dicentra eximia*\*

*Geranium maculatum*

*Iris cristata*\*

*Lupinus perennis*

*Penstemon digitalis*

*Phlox paniculata*\*

*Polygonatum biflorum*

*Tiarella cordifolia*

*Viola pedata*

Eastern red columbine

Blue false indigo\*

Marsh marigold

Lanceleaf coreopsis\*

Wild bleeding heart\*

Cranesbill / wild geranium

Dwarf iris\*

Wild lupine

Beardtongue

Garden phlox\*

King Solomon's seal

Foamflower

Bird-foot violet

### Perennials – Herbaceous Summer Blooming

*Achillea millefolium*

*Actaea racemosa*

*Asclepias syriaca*

*Asclepias tuberosa*

*Asclepias verticillata*

*Asclepias incarnata*

*Chelone lyoniana*\*

*Chelone glabra*

*Coreopsis verticillata*\*

*Eutrochium dubium*

*Helianthus annuus*\*

*Heliopsis helianthoides*\*

*Heuchera americana*

*Hibiscus moscheutos*

*Liatris spicata*\*

*Lobelia cardinalis*

*Monarda fistulosa*

*Monarda punctata*

*Oenothera biennis*

*Oenothera fruticosa*

*Pycnanthemum muticum*

Yarrow

Bugbane

Common milkweed

Butterfly milkweed

Whorled milkweed

Rose milkweed

Pink turtlehead\*

White turtlehead

Threadleaf coreopsis\*

Joe Pye weed

Common sunflower\*

Oxeye sunflower\*

Common alum root / coral bells

Swamp rose mallow /marsh hibiscus

Dense blazing star\*

Cardinal flower

Wild bergamot

Spotted bee balm

Common primrose

Evening primrose / sundrops

Mountain mint

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## Perennials – Herbaceous Summer Blooming continued...

*Rosa virginiana*

Virginia Rose

*Rudbeckia hirta*

Black-eyed Susan

*Veronicastrum virginicum*

Culver's root

*Rosa carolina*

Carolina Rose

## Perennials – Herbaceous Fall Blooming

*Helenium autumnale*

Common sneezeweed

*Monarda punctata*

Spotted bee balm

*Physostegia virginiana*

False dragon's head / obedient plant

*Solidago sempervirens*

Seaside goldenrod

*Solidago caesia*

Bluestem goldenrod

*Solidago odora*

Anise-scented goldenrod

*Symphyotrichum ericoides*

White heath aster

*Symphyotrichum novae-angliae*

New England aster

*Symphyotrichum oblongifolium*

Aromatic aster

*Vernonia noveboracensis*

New York ironweed

## Vines

*Parthenocissus quinquefolia*

Virginia creeper

*Lonicera sempervirens*

Trumpet honeysuckle

*Clematis virginiana*

Virgin's bower

## Grass or Grass-like

*Andropogon gerardii*

Big bluestem

*Carex pensylvanica*

Pennsylvania sedge

*Deschampsia flexuosa*

Wavy hairgrass

*Eragrostis spectabilis*

Purple lovegrass

*Festuca rubra*

Red fescue

*Panicum virgatum*

Switchgrass

*Schizachyrium scoparium*

Little bluestem

*Sorghastrum nutans*

Indiangrass

*Sporobolus heterolepis*

Prairie dropseed

## Woody Shrubs

\* Denotes native to another region

\*\* Cultivars can be sterile and have no value for pollinators. Example: Annabelle

*Amelanchier canadensis*

Shadbush / serviceberry

*Arctostaphylos uva-ursi*

Bearberry

*Aronia arbutifolia*

Red chokeberry

*Aronia melanocarpa*

Black chokeberry

*Baccharis halimifolia*

Groundsel bush

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## Woody Shrubs continued...

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<i>Ceanothus americanus</i>	New Jersey tea
<i>Cephalanthus occidentalis</i>	Buttonbush
<i>Chamaedaphne calyculata</i>	Leatherleaf
<i>Clethra alnifolia</i>	Sweet pepperbush
<i>Comptonia peregrina</i>	Sweetfern
<i>Gaylussacia baccata</i>	Black huckleberry
<i>Hamamelis virginiana</i>	Witch hazel
<i>Hydrangea arborescens**</i>	Smooth hydrangea – straight species**
<i>Hydrangea quercifolia*</i>	Oakleaf Hydrangea*
<i>Hypericum prolificum</i>	Shrubby St. John's wort
<i>Ilex glabra</i>	Inkberry
<i>Ilex verticillata</i>	Winterberry
<i>Itea virginica</i>	Sweetspire
<i>Iva frutescens</i>	Marsh elder
<i>Kalmia angustifolia</i>	Sheep laurel
<i>Kalmia latifolia</i>	Mountain laurel
<i>Lindera benzoin</i>	Spicebush
<i>Myrica pensylvanica</i>	Bayberry
<i>Physocarpus opulifolius</i>	Eastern ninebark
<i>Prunus maritima</i>	Beach plum
<i>Rhododendron periclymenoides</i>	Pinxterbloom azalea
<i>Rhododendron maximum</i>	Rosebay rhododendron
<i>Rhododendron viscosum</i>	Swamp azalea
<i>Rhus aromatica</i>	Fragrant sumac
<i>Rhus copallina</i>	Shining sumac
<i>Rhus glabra</i>	Smooth sumac
<i>Rhus typhina/Rhus hirta</i>	Staghorn sumac
<i>Salix discolor</i>	Pussy willow
<i>Sambucus nigra/canadensis</i>	Common elderberry
<i>Spirea alba/latifolia</i>	Broadleaf meadowsweet
<i>Spirea tomentosa</i>	Steeplebush
<i>Swida (Cornus) amomum</i>	Silky dogwood
<i>Swida (Cornus) racemosa</i>	Gray dogwood
<i>Vaccinium corymbosum</i>	Highbush blueberry
<i>Viburnum acerifolium</i>	Mapleleaf viburnum
<i>Viburnum alnifolium</i>	Hobblebush
<i>Viburnum cassinoides</i>	Northern wild raisin
<i>Viburnum dentatum</i>	Arrowwood
<i>Viburnum lentago</i>	Nannyberry
<i>Viburnum prunifolium*</i>	Blackhaw viburnum*
<i>Viburnum opulus/trilobum</i>	Highbush cranberry

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## Native Trees

With pollinator value for pollen & nectar and/or serve as a host plant

\*denotes native to another region

*Acer rubrum*

*Acer negundo*

*Acer saccharinum*

*Betula alleghaniensis*

*Betula nigra*

*Carpinus caroliniana*

*Cercis canadensis* \*

*Chionanthus virginicus*\*

*Swida (Cornus) alternifolia*

*Fagus grandifolia*

*Fraxinus americana*

*Fraxinus pennsylvanica*

*Ilex opaca*

*Liriodendron tulipifera*

*Magnolia virginiana*\*

*Nyssa sylvatica*

*Prunus serotina*

*Quercus alba*

*Quercus bicolor*

*Quercus rubra*

*Quercus ilicifolia*

*Tilia americana*

Red maple

Boxelder

Silver maple

Yellow birch

River birch

American hornbeam

Eastern redbud\*

Fringetree\*

Pagoda dogwood/alternate-leaved dogwood

American beech

White ash

Green ash

American holly

Tuliptree / tulip poplar

Sweetbay magnolia\*

Tupelo/black gum

Black cherry

White oak

Swamp oak

Northern red oak

Bear oak / scrub oak

American linden / basswood

**Help us build the pollinator pathway for Cape Cod!**

**For more information and to register your pollinator garden, visit:**

**<https://www.pollinator-pathway.org/towns/cape-cod>**

